

## NORTHAMPTON PARKS & RECREATION TEEN EXPEDITIONS



Session 1: June 28 – July 1, 2022 – SUMMER KICKOFF!

Monday, 6/27	Tuesday, 6/28	Wednesday, 6/29	Thursday, 6/30	Friday, 7/1
	ORIENTATION HIKE	LOOK PARK  JFK Pool	Mt. Toby (AM)	SONNY'S PLACE
	@ MT. Tom	The morning will start with biking to Look Park,	InterSkate 91 (PM)	JOHN TOT LAGE
NO CAMP	We will begin the week with ice breakers and other games, a hike with lunch at Mt. Tom in Easthampton, followed by an afternoon swim at Musante Beach in Leeds.	where we will compete in activities and games, partake in various arts crafts, eat lunch, and possibly leave for a bike ride along the bike path toward Hadley before finishing our day with a	Start the morning with a hike and lunch at Mt. Toby in Sunderland, followed by rollerblading & rollerskating.	The day will be spent at Sonny's Place in Somers, CT which has activities such as mini golf, a driving range, and go-karts.
	<ul> <li>□ swim gear</li> <li>□ suitable shoes</li> <li>□ water</li> <li>□ lunch and snack</li> <li>□ bug spray</li> <li>□ sunscreen</li> </ul>	lengthy yet leisurely swim at JFK to end the day.    bike & helmet   swim gear   suitable shoes   lunch and snack   water   bug spray   sunscreen	<ul> <li>□ suitable sock for rollerblading (covers the ankle)</li> <li>□ money for arcade games (optional)</li> <li>□ suitable shoes</li> <li>□ lunch and snack</li> <li>□ water</li> <li>□ bug spray</li> <li>□ sunscreen</li> </ul>	<ul> <li>□ money for arcade/food</li> <li>(optional)</li> <li>□ suitable shoes</li> <li>□ lunch and snack</li> <li>□ water</li> <li>□ bug spray</li> <li>□ sunscreen</li> </ul>



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